

## RISK ASSESSMENT

ASSESSMENT CARRIED OUT BY: Helen Prosper (HRP)

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Reaction to massage cream	Volunteer and service user	Ensure volunteers only use the recommended, supplied high quality non-allergenic product we supply. Ensure they check with service user about allergies etc and get consent to use the cream.	A yearly review and reminder	HRP	30/01/26	
Spread of infection	Volunteer and service user	Ensure the volunteers understand the risk of infection.  Ensure the volunteers clean hands with a hand sanitizer between each	A yearly review and reminder	HRP	30/01/26	



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		client and use clean clothes. Ensure that volunteers only using our researched cream from a pump bottle so that cream doesn't get contaminated.				
Possible contra indications to carrying out a hand massage	Service user	It is thoroughly covered in the training. Make sure that volunteers ask all the relevant pre massage questions.	Review and refresh this with volunteers once a year	HRP	30/01/26	
Bad backs	volunteer	Teaching the volunteers the right posture and sitting position when offering a hand massage	Review and refresh this with volunteers once a year	HRP	30/01/26	

*This Risk Assessment was created using a template published by the Health and Safety Executive. Template published 10/19.*





More information on managing risk: [www.hse.gov.uk/simple-health-safety/risk/](http://www.hse.gov.uk/simple-health-safety/risk/)



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